

# 48 400m Freestyle Women Final

Official

RACE RECORD

Tri Series Race Records

4:16.58 2022-01-01

Keira Allott  
Silver

- Entries
- Heats
- Summary**

Total

All ages

Rank	Competitor	Age	Club	RT	PTS	Result
1	Hunter Mackenzie	18	SWIMMIN...			4:16.79 +2.19 Entry: 4:14.60
	50m: 30.01	100m: 1:02.13 (32.12)	150m: 1:34.84 (32.71)			
	200m: 2:07.31 (32.47)	250m: 2:39.83 (32.52)	300m: 3:12.49 (32.66)			
	350m: 3:45.11 (32.62)	400m: 4:16.79 (31.68)				
2	De Coster Nina	17	TEAM WHITE			4:18.85 +3.42 Entry: 4:15.43
	50m: 29.99	100m: 1:02.55 (32.56)	150m: 1:34.76 (32.21)			
	200m: 2:07.68 (32.92)	250m: 2:40.49 (32.81)	300m: 3:13.97 (33.48)			
	350m: 3:47.74 (33.77)	400m: 4:18.85 (31.11)				
3	Bennett Brooke	18	TEAM BLA...			4:18.87 +6.51 Entry: 4:12.36
	50m: 30.00	100m: 1:02.52 (32.52)	150m: 1:35.47 (32.95)			
	200m: 2:08.71 (33.24)	250m: 2:42.00 (33.29)	300m: 3:15.41 (33.41)			
	350m: 3:48.33 (32.92)	400m: 4:18.87 (30.54)				
4	Cross Delta	15	WESTERN ...			4:21.12 -2.83 Entry: 4:23.95
	50m: 30.15	100m: 1:02.76 (32.61)	150m: 1:35.78 (33.02)			
	200m: 2:09.29 (33.51)	250m: 2:42.61 (33.32)	300m: 3:15.86 (33.25)			
	350m: 3:48.93 (33.07)	400m: 4:21.12 (32.19)				
5	Mooney Kiara	17	SWIMMIN...			4:28.09
	50m: 30.14	100m: 1:02.93 (32.79)	150m: 1:36.46 (33.53)			
	200m: 2:10.33 (33.87)	250m: 2:44.55 (34.22)	300m: 3:19.19 (34.64)			
	350m: 3:53.81 (34.62)	400m: 4:28.09 (34.28)				
6	Aburn Charlotte	16	TEAM BLA...			4:36.27 +10.55 Entry: 4:25.72
	50m: 30.79	100m: 1:04.49 (33.70)	150m: 1:39.20 (34.71)			
	200m: 2:14.92 (35.72)	250m: 2:50.71 (35.79)	300m: 3:26.28 (35.57)			
	350m: 4:01.74 (35.46)	400m: 4:36.27 (34.53)				
7	Parmenter Charlotte	17	TEAM WHITE			4:40.02 +12.07 Entry: 4:27.95
	50m: 30.95	100m: 1:05.40 (34.45)	150m: 1:41.01 (35.61)			
	200m: 2:16.99 (35.98)	250m: 2:52.56 (35.57)	300m: 3:28.68 (36.12)			
	350m: 4:04.98 (36.30)	400m: 4:40.02 (35.04)				